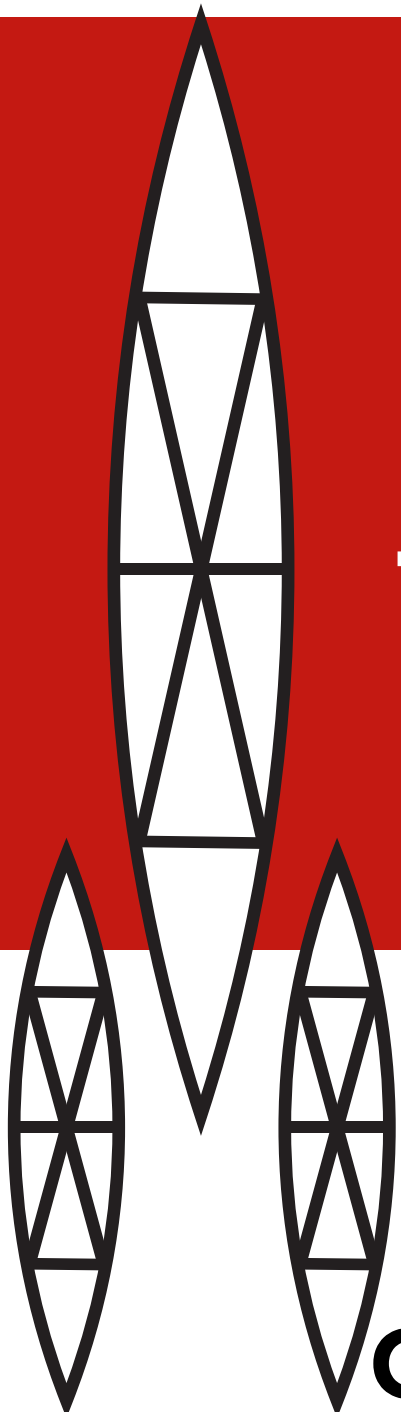


**Centre of Excellence on Longevity**

**COVID-19 AND THE ELDERLY  
THE RISK WITH ISOLATING AT HOME**

MONTREAL, APRIL 17<sup>TH</sup> 2020



**CEEXLO.CA**



# COVID-19 AND ISOLATING AT HOME: WHICH ARE THE HIGHEST RISK ELDERLY PERSONS?

## ELDERLY PERSONS

> HETEROGENOUS group, when it comes to FRAILITY

> Frailty = Unstable medical-social condition which may rapidly decompensate and beget several risks

**THRIVING**

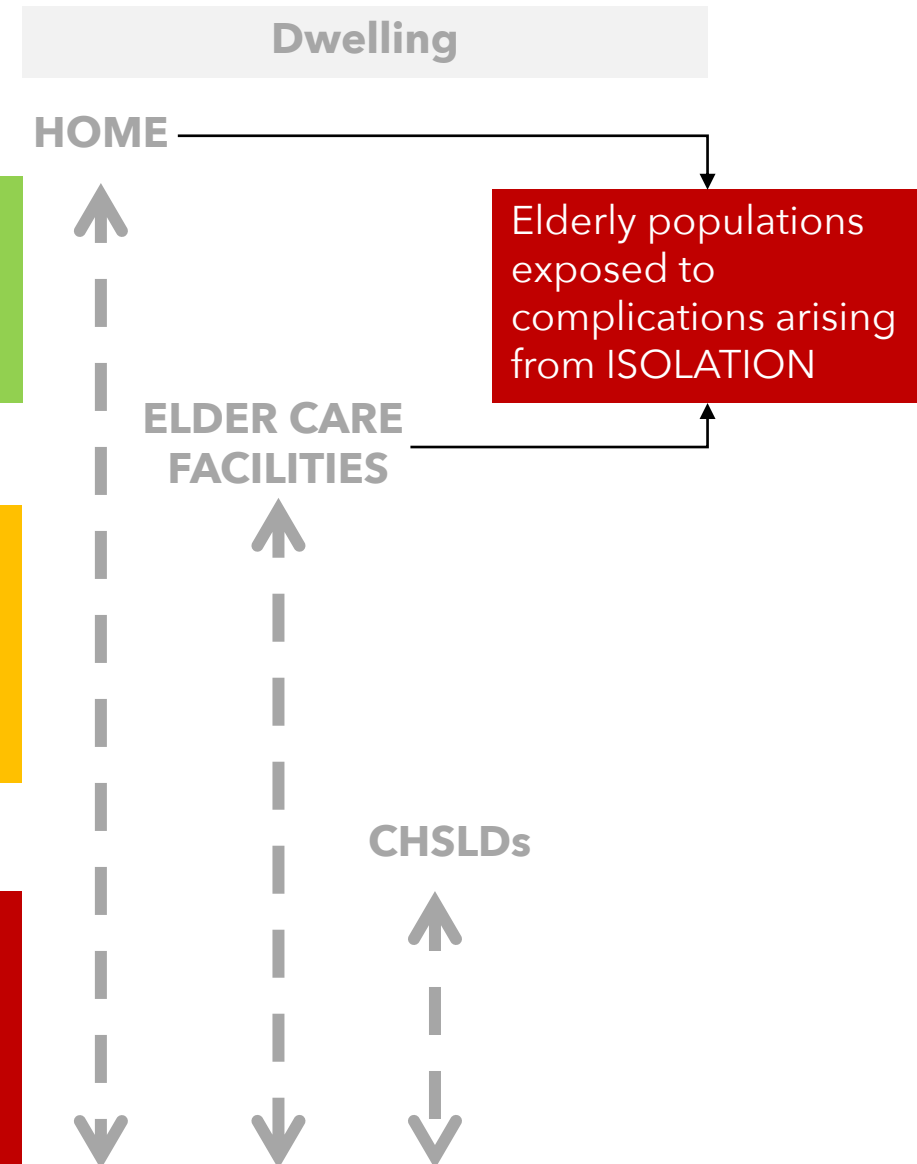
- Good health condition
- Independent and autonomous
- Stress-resistant

**SOON TO BE FRAIL**

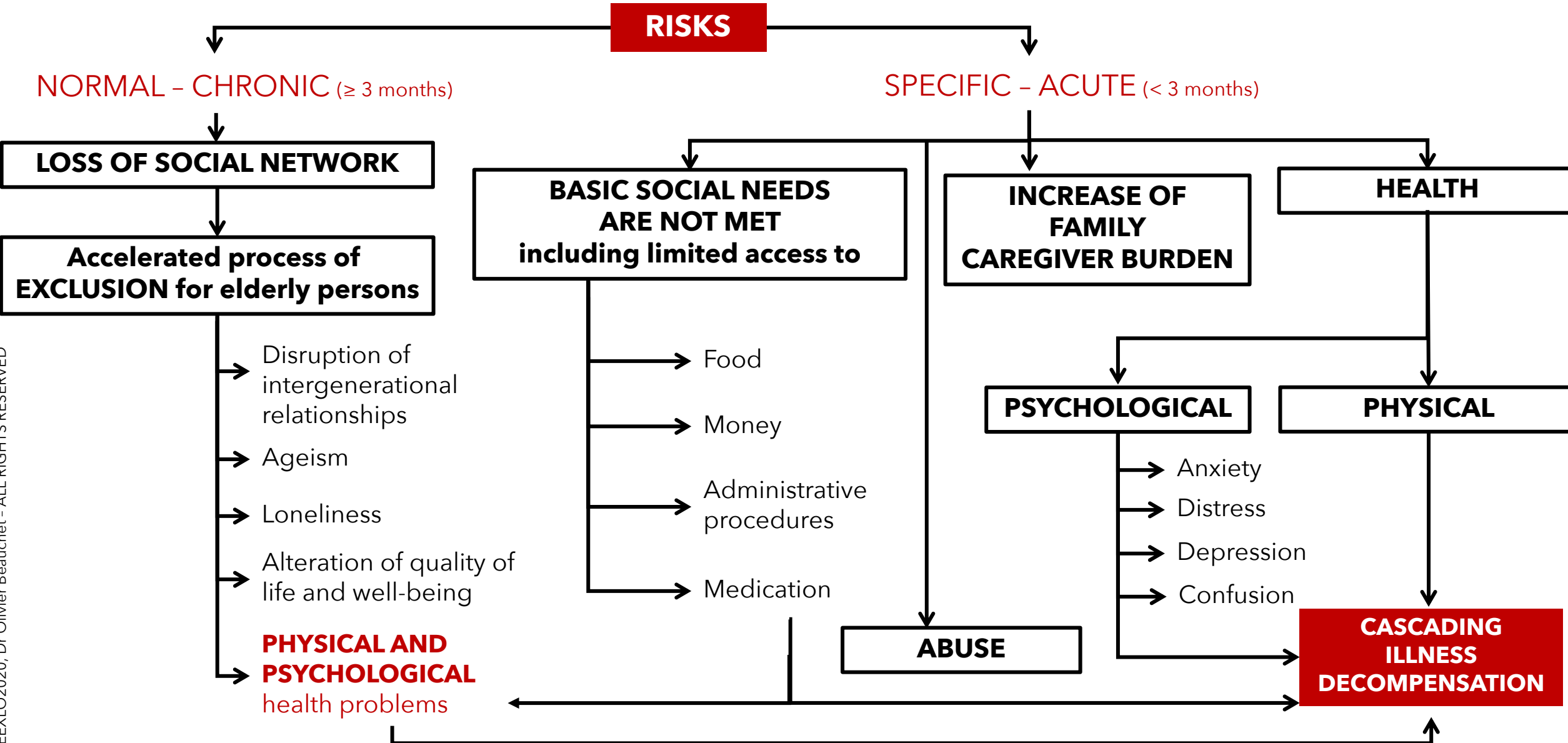
- "Elderly" persons
- Intermediate health condition
- ± Light functional alteration
- Moderately stress-resistant

**FRAIL**

- "Geriatric" elderly persons
- Poor health condition
- Dependent and non-autonomous
- Thinly or not at all stress-resistant

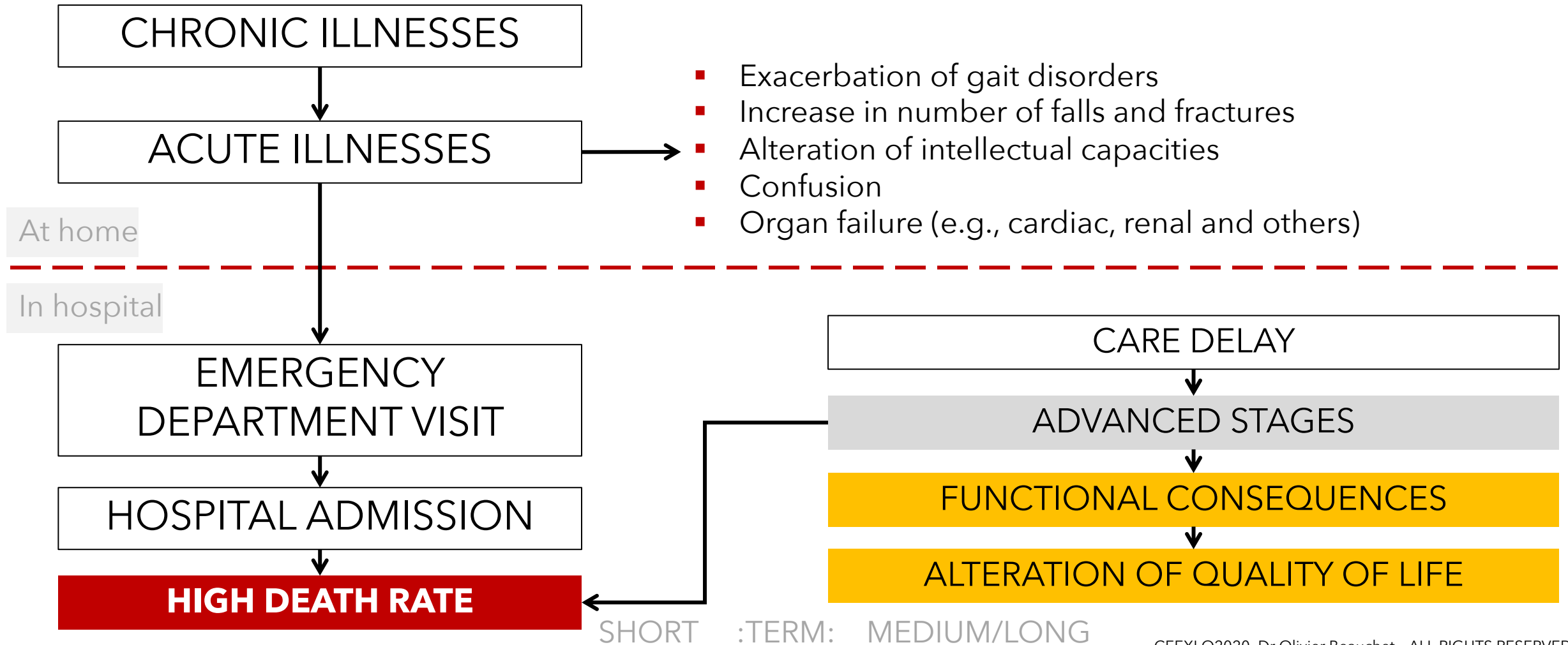


# COVID-19 AND ISOLATING AT HOME: WHAT TYPES OF RISK EXIST?



# COVID-19 AND ELDERLY PERSONS ISOLATING AT HOME: CASCADING DISRUPTION IN THE HEALTH CARE CONTINUUM

**Disruption in the care continuum of elderly persons and their elderly family caregivers, while they are isolating at home, may lead to CASCADING ILLNESS DECOMPENSATION**



## WHAT MUST **IMMEDIATELY** BE DONE

– **OBJECTIVELY ASCERTAIN/EVALUATE THE MEDICAL-SOCIAL CONDITION** of isolating elderly persons and their elderly family caregivers

– **OBJECTIVELY ASCERTAIN/EVALUATE THE BASIC MEDICAL-SOCIAL NEEDS** of isolating elderly persons and their elderly family caregivers

...SO THAT WE MAY IMPLEMENT **PREVENTATIVE INTERVENTIONS** ADAPTED TO EACH **IDENTIFIED RISK LEVEL AND PROFILE AS EARLY AS POSSIBLE**, AND THEREFORE MAKE THE RIGHT DECISION IN EACH CONTEXT

For more information: [ceexo.ca](http://ceexo.ca)